



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 42284, Babyfood, baked product, finger snacks cereal fortified

Report Date: June 24, 2017 22:07 EDT

Nutrient values and weights are for edible portion.

Food Group : Baby Foods

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 cookie 1.7g
Proximates					
Water	g	3.70	--	--	0.06
Energy	kcal	421	--	--	7
Energy	kJ	1763	--	--	30
Protein	g	6.40	--	--	0.11
Total lipid (fat)	g	9.90	--	--	0.17
Ash	g	3.32	--	--	0.06
Carbohydrate, by difference	g	76.68	--	--	1.30
Fiber, total dietary	g	2.3	--	--	0.0
Sugars, total	g	28.00	--	--	0.48
Minerals					
Calcium, Ca	mg	400	--	--	7
Iron, Fe	mg	22.50	--	--	0.38
Magnesium, Mg	mg	27	--	--	0
Phosphorus, P	mg	709	--	--	12
Potassium, K	mg	114	--	--	2
Sodium, Na	mg	214	--	--	4
Zinc, Zn	mg	4.00	--	--	0.07
Copper, Cu	mg	0.220	--	--	0.004
Selenium, Se	µg	37.5	--	--	0.6
Vitamins					
Vitamin C, total ascorbic acid	mg	10.0	--	--	0.2
Thiamin	mg	1.400	--	--	0.024
Riboflavin	mg	1.600	--	--	0.027

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 cookie 1.7g
Niacin	mg	11.250	--	--	0.191
Vitamin B-6	mg	0.050	--	--	0.001
Folate, total	µg	114	--	--	2
Folic acid	µg	95	--	--	2
Folate, food	µg	18	--	--	0
Folate, DFE	µg	180	--	--	3
Choline, total	mg	22.9	--	--	0.4
Vitamin B-12	µg	0.00	--	--	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00
Vitamin A, RAE	µg	0	--	--	0
Retinol	µg	0	--	--	0
Carotene, beta	µg	0	--	--	0
Carotene, alpha	µg	0	--	--	0
Cryptoxanthin, beta	µg	0	--	--	0
Vitamin A, IU	IU	0	--	--	0
Lycopene	µg	0	--	--	0
Lutein + zeaxanthin	µg	11	--	--	0
Vitamin E (alpha-tocopherol)	mg	3.90	--	--	0.07
Vitamin E, added	mg	2.45	--	--	0.04
Vitamin D (D2 + D3)	µg	0.0	--	--	0.0
Vitamin D	IU	0	--	--	0
Vitamin K (phylloquinone)	µg	15.0	--	--	0.3
Lipids					
Fatty acids, total saturated	g	1.646	--	--	0.028
4:0	g	0.000	--	--	0.000
6:0	g	0.000	--	--	0.000
8:0	g	0.000	--	--	0.000
10:0	g	0.000	--	--	0.000
12:0	g	0.041	--	--	0.001
14:0	g	0.020	--	--	0.000
16:0	g	1.484	--	--	0.025
18:0	g	0.102	--	--	0.002
Fatty acids, total monounsaturated	g	3.130	--	--	0.053

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 cookie 1.7g
16:1 undifferentiated	g	0.020	--	--	0.000
18:1 undifferentiated	g	3.110	--	--	0.053
20:1	g	0.000	--	--	0.000
22:1 undifferentiated	g	0.000	--	--	0.000
Fatty acids, total polyunsaturated	g	3.638	--	--	0.062
18:2 undifferentiated	g	3.476	--	--	0.059
18:3 undifferentiated	g	0.163	--	--	0.003
18:4	g	0.000	--	--	0.000
20:4 undifferentiated	g	0.000	--	--	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000
Cholesterol	mg	0	--	--	0
Amino Acids					
Other					
Alcohol, ethyl	g	0.0	--	--	0.0
Caffeine	mg	0	--	--	0
Theobromine	mg	0	--	--	0